

# **POSCO 2007**

**Xlth Annual Conference of Punjab Ophthalmological Society  
15-16 December 2007**

## **SCIENTIFIC PROGRAMME**

14-15-16 December 2007

## **VENUE**

Govt. Medical College, Patiala (Punjab).

## **ORGANISED BY**

Patiala Academy of Ophthalmology & Punjab Ophthalmological Society

## **CHIEF ORGANISING SECRETARY**

Dr. G.S. Randhawa

## **CHIEF CO-ORDINATOR**

Professor Dr. R.N. Bhatnagar

<b><u>CONFERENCE SECRETARIAT</u></b>	<b><u>CHAIRMAN SCIENTIFIC COMMITTEE</u></b>
<p><b>Dr. G.S. Randhawa</b> Randhawa Eye Care &amp; Laser Centre, 46, Dhaliwal Colony, Near Head Post Office, Patiala. Ph.: 98722-92255, 0175-2216893, 0175-2213444 Email: drgrandhawa@yahoo.com</p>	<p><b>Dr. Baljeet Singh Dhillon</b> 9, Guru Nanak Avenue, Phase-II Majitha Road, Amritsar-143001. Ph. 98768-01309, 0183-2422699 Email: bsdmed@gmail.com</p>

**XI ANNUAL CONFERENCE OF PUNJAB OPHTHALMOLOGICAL SOCIETY,  
PATIALA**

**POS EXECUTIVE COMMITTEE**

Patron	Padam Shri Dr. Daljit Singh
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Vice-President	Dr. R.N. Bhatnagar
Immediate Past President	Dr. Maan Singh Bhatia
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Joint Secretaries	Dr. JPS Sodhi
	Dr. SP Singh
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Chairman Scientific Committee	Dr. Baljeet Singh Dhillon, Amritsar

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Dr. Ravijit Singh, Amritsar  
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**ORGANISING SECRETARY**

Dr. G.S. Randhawa

**JOINT ORGANISING SECRETARY**

Dr. Sachin Walia

Dr. J.P.S. Sodhi

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## **SCIENTIFIC PROGRAMME**

### **PRE CONFERENCE INSTRUCTION COURSES**

Friday      December 14, 2007 (Post Lunch)

#### **VENUE**

Govt. Medical College, Rajindra Hospital, Patiala.

**INSTRUCTION COURSE-I:**      **TIME: 3.00 PM TO 5.00 PM**

**OCT & its application.**

#### **CHAIRPERSONS**

Dr. Indu R. Singh, Dr. S.P.S. Grewal & Dr. G.S. Bajwa

#### **MODERATOR**

Dr. Gursatinder Singh, Patiala

#### **SPEAKERS**

Dr. Indu R. Singh  
Dr. Vaishali, Chandigarh  
Dr. Sangeet Mittal, Jalandhar  
Dr. Ravinder Kaur Malhi, Ludhiana

**INSTRUCTION COURSE- II:**      **TIME: 5.15 PM to 7.00 PM**

**FFA**

#### **CHAIRPERSONS**

Dr. S.P.S. Grewal, Dr. G.S. Bajwa, Dr. Indu R. Singh

#### **MODERATOR:**

Dr. Vipam Vig, Amritsar

#### **SPEAKERS:**

Dr. S.P.S. Grewal  
Dr. G.S. Bajwa, Ludhiana  
Dr. Timur Yusupov, Amritsar  
Dr. Jatinder Singh, Amritsar

**POS EXECUTIVE COMMITTEE MEETING: 7.30 PM ONWARD**

**Venue: HOTEL MOHAN CONTINENTAL**

Saturday      December 15, 2007  
Breakfast      7.30 am

**HALL – A**

**SESSION – I : CATARACT, CORNEA & ADNEXA**

**Time : 9.00 am to 11.00 am**

**CHAIRMAN:**

Dr. P.S. Sandhu Dr. R.N. Bhatnagar Dr. Sachin Walia

**CO-CHAIRMAN:**

Dr. H.K. Sidhu, Dr. S.M. Bhatti

**CONVENER:**

Dr. JPS Sodhi

9.00 to 9.15 :

**Key Note Address: Dr. Namrata Sharma – Recent Advances in Refractive Corneal Surgery.**

9.15 to 9.22 :

Follow-up of cases of diabetic cases undergoing cataract surgery for incidence of macular oedema by Dr. Rajesh Garg, Dr. Nisha, Dr. Ishwar Singh, Dr. Sachin Walia, Dr. R.N. Bhatnagar.

9.22 to 9.29 :

Pre operative assessment of patients requiring Nd: YAG capsulotomy for P.C.O. by Dr. Dharamvir, Dr. Hardev Singh, Dr. A.P. Singh, Dr. Anupreet.

9.29 to 9.36 :

Combined vitreoretinal surgery with phacoemulsification- by Dr. Sumeet Chopra, Dr. Anita Chopra, Prof. S.K. Chopra, Dr. Manisha Mahindra.

9.36 to 9.43 :

Customized laser vision correction (custom lasik) by Dr. G.S. Dhami.

9.43 to 9.50 :

Corneal collagen cross linking for keratoconus by Dr. G.S. Dhami

9.50 to 9.57 :

C<sub>3</sub>R application for corneal ulcer by Dr. Dinesh Sharma.

9.57 to 10.04 :

LPS resection – Recent advances by Dr. Shaukeen Singh, Dr. Baljeet Singh Dhillon, Dr. Manmohan Bhanot, Dr. Sukhmandeep.

10.04 to 10.11:

A study of ocular trauma profile and its visual outcome in road traffic accidents by Dr. S.M. Bhatti, Dr. Nitin Batra, Dr. Jude H. Simmons.

10.11 to 10.18:

Our experience with 2-0 polyester suture in Frontalis sling surgery for ptosis by Dr. Apoorva Mittal, Dr. Sauravh Mittal, Dr. O.P. Mittal.

10.18 to 10.25:

Presbyopic Lasik a reality check by Dr. Ajay Khanna.

10.25to 10.30:

An unusual case of ocular trauma by Dr. Nitin Batra, Dr. Satish Thomas, Dr. Sandeep S. Anand, Dr. Gaurav Arora

- 10.30 to 10.37: Incidence of ocular problems in patients with rheumatoid arthritis by Dr. Amit, Dr. Triveni, Dr. Rajwinder, Dr. Dimpy, Dr. Harjit K. Sidhu, Dr. R.N. Bhatnagar.
- 10.37 to 10.44: Effect of topical ketotifen v/s combined therapy with sodium chromoglycate and CPM in vernal keratocconjunctivitis by Dr. Harpreet Kapur, Dr. Sandeep Anand, Dr. Ashish Chander, Dr. Smithso Jasper, Dr. Manpreet Bhullar.
- 10.44 to 11.00: **Keynote Address: Dr. K.P.S. Malik**

**TEA BREAK – 11.00 TO 11.10**

**HALL – A**

**SESSION – II – GLAUCOMA & MISC.      Time : 11.10 am to 1.30 pm**

**CHAIRMAN:**      Dr. S.S. Shergill    Dr. G.S. Bajwa    Dr. Dinesh Garg

**CO-CHAIRMAN:**    Dr. Neelima Sodhi    Dr. Inderjit Kaur

**CONVENER:**      Dr. Gursatinder  
11.10 to 11.25 :    **Guest Lecture – Clinical Gonioscopy in day-to-day practice by Dr. Devinder Sood, New Delhi.**  
11.25 to 11.40 :    **Glaucoma update by Dr. Daljit Singh, Amritsar.**  
11.40 to 11.47 :    Diurnal variation of intraocular pressure in normotension (NTG) glaucoma patients by Dr. Nisha Gupta, Dr. Rajesh Garg, Dr. Sachin Walia, Dr. R.N. Bhatnagar.  
  
11.47 to 11.54 :    Acute primary angle closure glaucoma despite previous Nd: YAG laser iridotomy by Dr. Nisha Gupta, Dr. Rajesh Garg, Dr. Sachin Walia, Dr. R.N. Bhatnagar.  
  
11.54 to 12.01 :    OCT of retinal nerve fibre layer in pseudoexfoliation syndrome by Dr. Dharamvir Chalia, Dr. Kamalinder Kaur, Dr. Avinash Bansal, Dr. Rajkamal.  
  
12.01 to 12.08 :    Comparison of retinal nerve fibre layer thickness in normal and glaucomatous eyes with OCT BY Dr. Dharamvir Chalia, Dr. Hardev Singh, Dr. Anita, Dr. A.P. Singh, Dr. Rajkamal.  
  
12.08 to 12.15 :    Intravitreal Avastin in neovascular glaucoma by Dr. Parminder Singh, Dr. Sarabjit Kaur Brar, Dr. Balbir Khan, Dr. Ravi Vohra, Dr. Sukhwinder Singh.  
  
12.15 to 12.22 :    Phacotrabeulectomy with releasable sutures- our results by Dr. Anita Chopra, Dr. Sumeet Chopra, Prof. S.K. Chopra, Dr. Manisha Mahindra.  
  
12.22 to 12.29 :    Schlemm's canaliculoplasty in cases of glaucoma by Dr. K.D. Singh.  
  
12.29 to 12.36 :    Management of Phacomorphic glaucoma by Dr. Som Nath Singla.  
  
12.36 to 12.43 :    Work up for normotensive glaucoma by Dr. Ajay Khanna, Dr. Rohit Om Parkash.

- 12.43 to 12.50 : Traumatic extrusion of eyeball by Dr. Pushpinder Kaur, Dr. Anju Suresh, Dr. Ranveer Singh, Dr. B.S. Bhaura.
- 12.50 to 12.57: Rehabilitation of one eyed patient by Dr. B.S. Bhaura, Dr. Pushpinder Kaur, Dr. Raj Anand, Dr. Satbir Singh.
- 12.57 to 1.05: Orbital implants by Dr. B.S. Bhaura, Dr. Pushpinder Kaur, Dr. Raj Anand.
- 1.05 to 1.12: Multifocal IOL Pros. & Cons by Dr. Jeevan S. Titiyal.
- 1.12 to 1.17: Laser D.C.R. by Dr. Kiranjit Singh, Dr. K.K. Bhalla.
- 1.17 to 1.30: My journey as an Eye Surgeon – 1977 to 2007 (Patiala to Patiala) by Dr. Som Nath Singla.

**LUNCH** : Time : 01.30 pm to 2.00 pm

**INAUGURATION OF POSCO-2007 PATIALA: Time: 2 pm to 3 pm**

***LIFE TIME ACHIEVEMENT AWARD TO  
Padam Shiri Dr. DHANWANT SINGH, PATIALA.***

**HALL – A**

**SESSION – III VITREO RETINA Time : 3.00 pm to 4.30 pm**

**CHAIRPERSONS:** Dr. R.K. Grewal Dr. Mann S. Bhatia Dr. Rajbir Singh

**CO-CHAIRMAN:** Dr. S.P.Singh, Dr. Jaswant Singh Chahal

**CONVENER:** Dr. Pushpinder Kaur

- 3.00 to 3.15 : **Keynote Address: Retinal Detachment as a Complication of Cataract Surgery by Dr. Rajbir Singh.**
- 3.15 to 3.22 : Intravitreal Avastin –our experience in 120 cases by Dr. Ravinder Kaur Malhi, Dr. G.S. Dhami.
- 3.22 to 3.29 : Vitrectomy For Juvenile X-Linked Retinoschisis by Dr. Sumeet Chopra, Dr. Anita Chopra, Prof. S.K. Chopra, Dr. Manisha Mahindra.
- 2.58 to 3.08 : Perspectives in managing diabetic retinopathy & techniques of photocoagulation by Dr. Rajiv Sharma, Dr. Bela Sharma.
- 3.08 to 3.15 : Persistent foveal retinal detachment after successful rhegmatogenous retinal detachment surgery by Dr. Rajiv Gupta, Dr. S.P.S. Grewal, Dr. Vikrant Sharma.
- 3.15 to 3.22 : Outcome of optic neuritis secondary to Chikungunya virus infection by Dr. Apoorva Mittal, Dr. Sauravh Mittal and Dr. O.P. Mittal.
- 3.22 to 3.29 : Management of retinopathy of pre-maturity (ROP) by Dr. Vipin Vig, Dr. Pritam Singh, Dr. Timur Yusupov, Dr. Jatinder Singh & Rajbir Singh.
- 3.29 to 3.36 : Atypical manifestation of diabetic retinopathy by Dr. Timur Yusupov, Dr. Jatinder Singh, Dr. Vipin Vig, Dr. Pritam Singh, Dr. Rajbir Singh.
- 3.36 to 3.43 : Evaluation of diabetic retinopathy – A clinical profile by Dr. Triveni, Dr. Usha, Dr. Amit, Dr. Rajwinder, Dr. Harjit K. Sidhu, Dr. R.N. Bhatnagar.
- 3.43 to 3.50 : Argon laser hyaloidotomy for subhyaloid haemorrhage by Dr. Balbir Khan, Dr. Ravi Vohra, Dr. Parminder Singh, Dr. Sukhwinder Singh, Dr. Rajvinder Kaur.



- 3.50 to 3.57 : Asymptomatic retinal break – treat or not to treat by Dr. Balbir Khan, Dr. Ravi Vohra, Dr. Parminder Singh, Dr. Sukhwinder Singh, Dr. Rajvinder Kaur
- 3.57 to 4.04: Management of Retinal Detachment associated with choroidal detachment by Dr. Ajay Khanna.
- 4.04 to 4.11: Management of a case of recalcitrant diabetic retinopathy with multistrategy approach – 3 years follow up by Dr. Rajiv Gupta, Dr. S.P.S. Grewal, Dr. Vikrant Sharma.
- 4.11 to 4.18: Retinal detachment following YAG capsulotomy by Dr. Parminder Singh, Dr. Balbir Khan, Dr. Ravi Vohra, Dr. Sukhwinder Singh.
- 4.18 to 4.25: Ocular surgery in Goldenhar Syndrome – Anaesthetic and airway management by Dr. Anoop Kanwal Chhina, Dr. Anju Grewal, Dr. Deepak Bhatt, Dr. D.Sood, Dr. Avtar Singh.
- 4.25 to 4.30: Ocular cysticercosis by Dr. S.P. Singh, Dr. P.S. Sandhu.

## Vast/Slides/Video Film Show

HALL - A

Time: 4.30 PM to 6:00 PM

### Session – IV : VIDEO PRESENTATION & CASE PRESENTATION

Chairman :	Dr. S.K. Chopra,	Dr. D.C. Bansal
Co-Chairman :	Dr. R.S. Dhaliwal	Dr. Manmohan Singh
Convenor :	Dr. B.S. Bhaura	
4.30 to 4.35 :	Management of Case of rent in posterior capsule during PHACO by Dr. Neelima Sodhi, Dr. JPS Sodhi.	
4.35 to 4.40 :	Management of torn anterior capsule in PHACO by Dr. Neelima Sodhi, Dr. JPS Sodhi.	
4.40 to 4.45 :	Penetrating keratoplasty – a rare feast by Dr. Neelima Sodhi, Dr. JPS Sodhi.	
4.45 to 4.50 :	Various techniques of management of subluxated or dislocated crystalline lenses by Dr. S.M. Bhatti.	
4.50 to 4.55 :	Vitrectomy for internal repositioning of dropped IOL's by Dr. Sumeet Chopra, Dr. Anita Chopra, Prof. S.K. Chopra, Dr. Manisha Mahindra.	
4.55 to 5.00 :	Role of vitrectomy in chronic pars planitis with CME – a case presentation by Dr. J.S.Sra.	
5.00 to 5.10 :	<b>Keynote Address: How to explore POS video journal by Dr. R.S. Dhaliwal.</b>	
5.10 to 5.15 :	Sarcoid uveitis presenting as vitreous heamorrhage by Dr. Ravinder Kaur Malhi, Dr. G.S. Dhami.	
5.15 to 5.20 :	Successful surgical management of two cases of siderosis bulbi by Dr. Ravinder Kaur Malhi, Dr. G.S. Dhami.	
5.20 to 5.25:	Welcome to Masquerade, where all is but illusion by Dr. Balbir Khan, Dr. Ravi Vohra, Dr. Parminder Singh, Dr. Sukhwinder Singh, Dr. Sarabjit Kaur.	
5.25 to 5.30:	PHACO in complicated cataract by Dr. G.S. Randhawa	
5.30 to 5.35 :	Hydroexpression for nuclear delivery in SICS by Dr. Sandeep Anand and Dr. Harpreet Kapoor.	
5.35 to 5.45 :	Atypical CSCR by Dr. Timur Yusupov, Dr. Jatinder Singh, Dr. Pritam Singh, Dr. Rajbir Singh, Dr. Vipin Vig.	
5.45 to 5.50 :	Ophthalmomyiasis Externa by <b><i>Deveto musca domestica larvae</i></b> – [Video] by Dr. Ashwani Kalia.	

5. 50 to 5.55 : Management of hard cataract – **VAST** by Dr. Ravi Vohra, Dr. Balbir Khan, Dr. Parminder Singh, Dr. Sukhwinder Singh, Dr. Sarabjit Kaur, Dr. Rajwinder Kaur.
- 5.55 to 6.00 : C.C.C. – Heart of phaco surgery by Dr. Ravi Vohra, Dr. Balbir Khan, Dr. Parminder Singh, Dr. Sukhwinder Singh, Dr. Sarabjit Kaur, Dr. Rajwinder Kaur.

## HALL – B

### 15.12.2007 - OPHTHALMIC QUIZ

Time: 3.30 PM to 5.00 PM

**Quiz Masters Dr. Rajinder Singh, Dr. Sumeet Sukhi, Dr. G.S. Bajwa, Dr. Indu R. Singh**

Teams form:

One team from each medical college will participate for quiz competition.

### OPHTHALMIC CORRIDOR - POSTER DISPLAY

1. Surgical outcome of esotropia with inferior oblique over action by Dr. Sauravh Mittal, Dr. Apoorva Mittal and Dr. O.P. Mittal.
2. Flouresciene Angiography in diabetic retinopathy by Dr. Rajiv Sharma, Dr. Bela Sharma.
3. OCT: A new non invasive and in vivo retinal tissue biopsy type modality for retinal diseases diagnosis by Dr. Dharmavir Chalia, Dr. Hardev Singh, Dr. Anita, Dr. Avinash, Dr. A.P. Singh.
4. OCT & Macular diseases by Dr. Dharmavir Chalia, Dr. Hardev Singh, Dr. Anita, Dr. Avinash, Dr. A.P. Singh, Dr. Kamalinder Kaur.
5. Pattern of disease in a tertiary eye care centre of Punjab by Dr. Dharmavir Chalia, Dr. Hardev Singh, Dr. Anita, Dr. Avinash Bansal.
6. Clear lens extraction – our experience with seven eyes by Dr. Parminder Singh, Dr. Sarabjit Kaur Brar, Dr. Balbir Khan, Dr. Ravi Vohra, Dr. Sukhwinder Singh.
7. OCT: A new tool for glaucoma diagnosis by Dr. Dharmavir Chalia, Dr. Hardev Singh, Dr. Anita, Dr. Avinash, Dr. A.P. Singh, Dr. Kamalinder Kaur.
8. Comparison of local and topical anaesthesia in Phaco emulsification by Dr. Parminder Singh, Dr. Sarabjit Kaur Brar, Dr. Balbir Khan, Dr. Ravi Vohra, Dr. Sukhwinder Singh.

9. CCC – Heart of good Phacoemulsification by Dr. Parminder Singh, Dr. Sarabjit Kaur Brar, Dr. Balbir Khan, Dr. Ravi Vohra, Dr. Sukhwinder Singh, Dr. Rajwinder Kaur.
10. Phacoemulsification in hard cataract by Dr. Parminder Singh, Dr. Sarabjit Kaur Brar, Dr. Balbir Khan, Dr. Ravi Vohra, Dr. Sukhwinder Singh, Dr. Rajwinder Kaur.
11. Management of pseudophakic retinal detachment – Comparison of scleral buckling/vitreotomy and combined surgery by Dr. Ravi Vohra, Dr. Parminder Singh, Dr. Sarabjit Kaur Brar, Dr. Balbir Khan.
12. Aspheric IOL's – A new horizon by Dr. Ravi Vohra, Dr. Parminder Singh, Dr. Sarabjit Kaur Brar, Dr. Balbir Khan.
13. Ocular trauma – A study showing comparison of perforating/penetrating/blunt injury by Dr. Balbir Khan, Dr. Ravi Vohra, Dr. Parminder Singh, Dr. Sarabjit Kaur Brar.
14. Intravitreal Avastin in proliferative diabetic retinopathy by Dr. Balbir Khan, Dr. Ravi Vohra, Dr. Parminder Singh, Dr. R.S. Gill, Dr. Sarabjit Kaur Brar, Dr. Sukhwinder Singh.
15. Role of intracameral moxifloxacin 0.5% ophthalmic solution in cases of infective keratitis by Dr. Anuradha Raj, Dr. Sukhdeep Singh Boparai.

## Sunday Morning

16.12.2007

Session V: 9.00 AM to 10.15 AM

### ADVANCE PHACO SESSION

Sunday – 16<sup>th</sup> Dec., 2007

Time: 9.00 am to 10.15 am

Chairman : Dr. G.S. Dhama, Dr. Rohit Om Parkash, Dr. Ravijit Singh

Co-Chairman : Dr. B.S. Bhaura, Dr. G.S. Randhawa

Convenor : Dr. Sukhdeep Boparai

9.00 to 9.15: **KEYNOTE ADDRESS: Maximizing refractive outcome of cataract surgery by Dr. Rama Murthy.**

9.15 to 9.22: Bimannual capsuloraxis in unmanageable difficult situation by Dr. B.S. Bhaura, Dr. Pushpinder Kaur, Dr. Ranveer Singh.

9.22 to 9.29: Phaco in difficult situation by Dr. B.S. Bhaura, Dr. Ranveer Singh, Dr. Pushpinder Kaur, Dr. Ranveer Singh.

9.29 to 9.36: Micro-coaxial Phaco through 1.8 mm incision and IOL Implant by Dr. Ravijit Singh, Dr. Kiranjit Singh, Dr. Seema K. Singh.

9.36 to 9.43: Conquering black cataract by Dr. Rohit Om Parkash.

9.43 to 9.50: How small a pupil is small pupil by Dr. Rohit Om Parkash.

9.50 to 9.57: Cart Wheel Phako by Dr. Shaukeen Singh, Dr. Baljeet Singh Dhillon, Dr. M. Bhanot, Dr. Sukhmandeep.

9.57 to 10.04: PHACO crush – A energy saver in dense cataract by Dr. R.S. Pannu, Dr. B.S. Dhillon, Dr. Shaukeen Singh.

10.04 to 10.11: Microphaco in ordinary circumstances by Dr. Shaukeen Singh, Dr. Baljeet Singh Dhillon, Dr. M.Bhanot, Dr. Sukhmandeep.

# ORATION AWARD FUNCTION

TIME: 10.15 to 11.15

Chairpersons: Dr. Daljit Singh, Dr. S.S. Grewal, Dr. Shivinder Singh,  
Dr. Rajinder Singh.

DR. OM PARKASH ORATION AWARD. - *Dr. Rajiv Fogla*

TOPIC : RECENT ADVANCES IN CORNEAL TRANSPLANT SURGERY.

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## GUEST LECTURE

Medical ethics in Ophthalmology by *Dr. P.N. Nagpal*

## SYMPOSIUM: RETINA

TIME: 11.15 am to 1.30 pm

Chairman: Padam Shri Dr. Daljit Singh, Dr. P.N. Nagpal  
Co-Chairman: Dr. Amrit Sethi, Dr. R.N. Bhatnagar, Dr. B.S. Dhillon  
Coordinators: Dr. Preetam Singh, Dr. Rajinder Singh, Dr. G.S. Randhawa

### **SPEAKERS - (15 minutes each)**

- ⇒ Dr. P.N. Nagpal : Patho-philosophy of Diabetic Retinopathy. (20 Minutes)
- ⇒ Dr. Amod Gupta : Vitrectomy in Diabetic Retinopathy.
- ⇒ Dr. Rajbir Singh : Phototoxic Maculopathy // Retinopathy of Prematurity (R.O.P.).
- ⇒ Dr. Amod Gupta : ARMD
- ⇒ Dr. S.P.S Gerawal : Laser in Diabetic Retinopathy.
- ⇒ Dr. Indu R. Singh : Vitrectomy in Proliferative Diabetic Retinopathy
- ⇒ Dr. Sangeet Mittal : Evolution of CNVM and its treatment.
- ⇒ Dr. Ramandeep Singh: Retinal manifestations of AIDS & its management. (10 minutes)
- ⇒ Dr. Ajay Kapoor : Management of Posterior Segment Trauma. (10 minutes)

DISCUSSION : 1.30 pm to 2.00 pm

VALEDICTORY FUNCTION : 2.00 pm